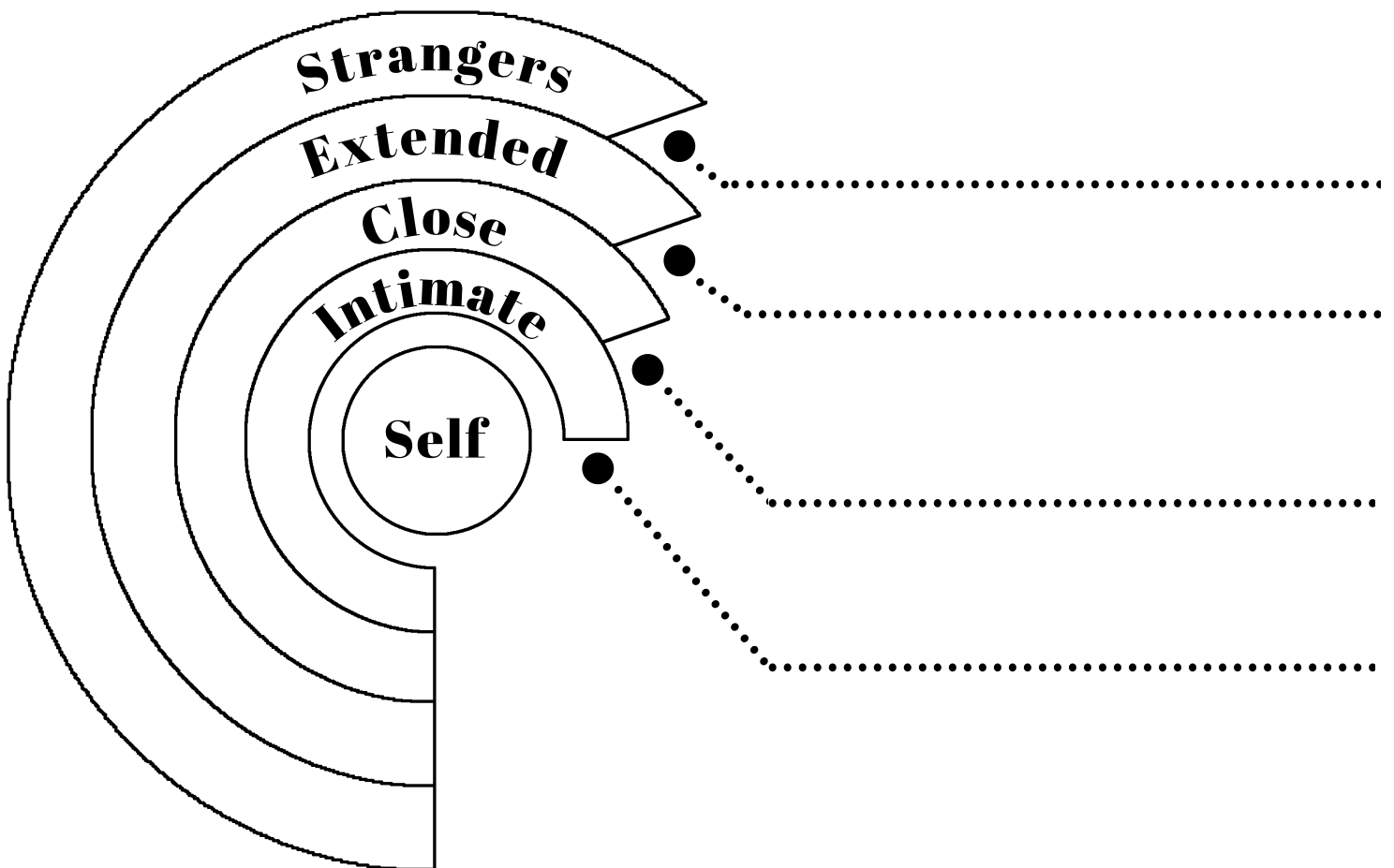


# RELATIONSHIP MAP

Try to think of seven to eight people in your life.

Now write down their names on the relationship map.

There are no right or wrong places to put people.



## ASK YOURSELF

Who are the important people in your life?

Who do you go to for support?

Who do you support?

Who is taking up space in your thoughts? (good or bad)

Who has loved you well?

What do you value about these relationships?